



Easy Kid Friendly Veggie Sandwich

Serves 1 / 10 mins

Ingredients

2 slices of Wonder® 100% Whole Wheat THIN Sandwich bread	½ avocado, sliced
2 tbsp. of hummus	¼ cup of yellow pepper, sliced
¼ cup lettuce	¼ cup tomatoes, sliced
1/4 cucumber, sliced	¼ cup of finely chopped purple cabbage

Directions



Prep time **10 m** | Cook **0 m** | Ready in **10 m**



1 Toast slices of bread to desired level.



2 Spread slices of the bread with hummus and top with lettuce, cucumbers, avocado, yellow peppers, tomatoes, cabbage and the remaining piece of bread

