

# Wonder<sup>®/MD</sup>

## Sliced Bread Fruit Snack Tarts

Serves 6 / 30 minutes

### Ingredients

- 6 slices Wonder® White or 100% Whole Wheat Bread
- 4 oz. cream cheese, softened
- 1 ½ tbsp. skim milk
- 2 tbsp. honey
- ¼ tsp. vanilla extract
- Cooking spray
- Kiwifruit, to serve
- Banana, to serve
- Strawberries, to serve
- Blueberries to serve

### Directions

 Prep Time: **5 minutes** | Cook Time: **15 minutes** | Total Time: **20 minutes**

1. Preheat oven to 350°F.
2. Use a rolling pin to press each piece of bread flat and remove crusts. Make a slice approximately 1" long in the middle of each slice on two sides.
3. Spray a muffin tin generously with cooking spray to grease. Gently overlap the "tabs" from the bread slits and press gently into a muffin tin and bake for about 8 minutes or until lightly golden.
4. Remove from oven and allow bread cups to cool.
5. In a mixing bowl, stir together cream cheese, honey, vanilla and milk until smooth.
6. Spoon cream cheese mixture into each cooled bread cup and top with fruits of your choice.

