

Wonder^{®/MD}

Kid-Friendly Tuna Melt

Serves 2 / 13 mins

Ingredients

- 4 slices Wonder[®] White +Fibre Bread
- 6 oz canned tuna
- ¼ cup prepared mayonnaise
- 1 tbsp. olive oil
- 2 slices cheddar cheese

Optional ingredients

- 1 tomato sliced into 4 slices
- 1 pickle sliced into 8 slices
- 1 tbsp. minced celery
- 1 tbsp. minced red onion, soaked in cold water for 5 minutes and drained
- ½ tsp. minced flat-leaf parsley

Directions

 Prep Time: **5 minutes** | Cook Time: **8 minutes** | Total Time: **13 minutes**

1. Preheat oven to 400° F.
2. In a small mixing bowl break up the tuna with a fork and combine the ¼ cup of mayonnaise. If adding additional ingredients, add in the celery, onion, and parsley and stir to combine. Mix until well combined and set aside.
3. Brush one side of all 4 Wonder[®] bread slices with olive oil.
4. Place 2 slices of bread, olive oil side down on a sheet pan.
5. Equally, divide tuna mixture between both slices of Wonder[®] bread. Spread out evenly.
6. Top both slices of bread with a cheddar cheese slice. Option: Also top with tomato slices and pickles.
7. Place the remaining 2 slices of bread, olive oil side up, on top of the sandwich.
8. Place in oven, until cheese is melted, about 4-6 minutes.
9. Remove and allow to cool slightly. Serve with cut-up veggies of your choice and enjoy!

